



January 2023:

Unit C



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:00 PM Trivia 3:00 PM Coloring & Relaxation 6:00 PM Hallway Walking	2 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Men's group / Card Games with Karin 6:00 PM Manicures	3 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM Craft: Snowman Door Hanger (Uht) with Tammy 6:00 PM Go Fish Card Game	4 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo with Olivia 6:00 PM Reminiscing Circle	5 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass in the Chapel 1:30 PM Family Feud with Carrie 6:00 PM Match the Shape Activity	6 Library Visit 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM RL Library Walk / Visit with Carrie 6:30 PM Movie: Overboard (35)	7 9:30 AM Winter Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00PM Movie: Elvis Blue Hawaii (35) 7:00PM Lawrence Welk
8 Elvis' Birthday 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:00 PM Trivia 4:30 PM Football Sunday Game	9 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:30 PM Baking Group / Yogurt Parfaits with Karin 6:30 PM Manicures	10 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Craft: Beaded Snowflakes with Tammy 6:00 PM Dominos	11 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo with Olivia 6:00 PM Fold + Sort Laundry Activity	12 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass in the Chapel 1:30 PM Wood Shop Class with Carrie 6:00 PM	13 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM Afternoon Movie: The sound of Music (Uht) with Tammy 6:30 PM Coloring & Relaxation	14 9:30 AM Chair Yoga (35) 10:30 AM Current Events 1:00 PM Resident's Choice 3:00PM Movie: Make Room For Daddy (35) 7:00PM Lawrence
15 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:00 PM Trivia 3:00 PM Coloring & Relaxation 6:00 PM Hallway Walking	16 MLK Day! 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM MLK Activity (Uht) with Karin 6:00 PM Manicures	17 Pet Therapy 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM Therapy Dogs United—Pet Therapy (Lobby) with Tammy 6:00 PM Uno Card Game	18 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo with Olivia 6:00 PM Reminiscing Circle	19 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass in the Chapel 1:30 PM Make your own Snowman Ice-cream Treat with Carrie 6:00 PM Match the Suites Activity	20 Chinese New Year! 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Chinese New Year Activity with Carrie 6:30 PM Singalong CD	21 9:30 AM Winter Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00PM Movie: Grease (35) 7:00PM Lawrence Welk
22 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:00 PM Trivia 4:30 PM Football Sunday Game	23 National Pie Day! 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Baking Group / mini pies with Karin 6:00 PM Manicures	24 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Art Class: Winter Painting with Tammy 6:00 PM Yahtzee	25 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo with Olivia 6:00 PM Practice Untying Knots Activity	26 Outing 9:30 AM Action Game 10:00 Ecumenical Service by AUMC in the Chapel 10:30 AM Rosary (3) 1:00 PM Outing: Erie Maritime Museum with Act Dept. 6:00 PM	27 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Letter / Card Writing to Friends & Family with Alexis 6:30 PM Coloring & Relaxation	28 9:30 AM Chair Yoga (35) 10:30 AM Current Events 1:00 PM Resident Choice 3:00PM Movie: Babe (35) 7:00PM Lawrence Welk
29 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:00 PM Trivia 3:00 PM Coloring & Relaxation	30 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:30 PM Tea party with Karin 6:00 PM Manicures	31 Live Music 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM Birthday Bash w/ Live Music: Pat's Jazz (Uht) with Tammy 6:00 PM Hangman Word Games				Activity Department Contact Information: 814-836-5358





**No January birthdays
this month.**

But, we will still celebrate with
cake, ice cream & live music on:

Tuesday, January 31st at 2 PM.

Grab your tools and join the crew.



Come build something cool
at our new monthly activity:
woodshop class!

This month's outing:

Erie Maritime Museum!



The Erie Maritime Museum can be found in the heart of Erie's Historic Bayfront District, sharing a residence with the [Raymond M. Blasco Memorial Library](#). The museum offers a wide range of multimedia and interactive exhibits coupled with interpretive programs that illustrate the region's maritime heritage.

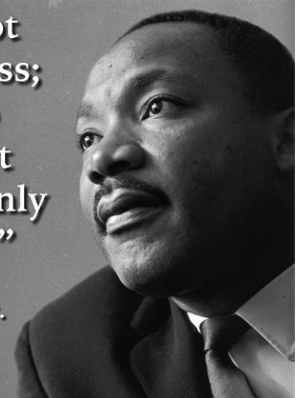
If you are interested in this outing, please sign up with the activity department!

**Make your own
snowman out of ice cream
on January 19th!**

We will be using—chocolate chips, licorice, cherries, frosting and marshmallows to decorate!

**“Darkness cannot
drive out darkness;
only light can do
that. Hate cannot
drive out hate; only
love can do that.”**

— Martin Luther King, Jr.
Strength to Love



Please Note: Events are subject to change and some activities are weather permitting.

Residents are required to practice good hand hygiene, social distance, and are encouraged to wear face masks.