

March 2023: Unit C



Sun Mon Tue Wed Thu Fri Sat

			1 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo* 6:00 PM Reminiscing Circle	2 9:30AM Action Game 10:30AM Rosary(3) 11:00 AM Mass in the Chapel* 1:30 PM Craft Time: Shamrock Wreaths* 6:00 PM Group Singalong CD	3 Library Visit! 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:00 PM RL Library Walk / Visit * 6:30 PM Movie: Overboard (35)	4 9:30 AM Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00PM Coloring & Relaxation 7:00PM Lawrence Welk (105)
5 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:30 PM Hangman Word Games 6:00 PM Hallway Walking	6 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Art Class: Canvas Painting for Spring* 6:00 PM Manicures	7 Live Music! 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Entertainer: Liz Tomcho-country western (Uht) * 6:00 PM Dominos	8 International Women's Day 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:00 PM Spring Tea Party + Garden planning* 6:00 PM Fold + Sort Laundry Activity	9 9:30 AM Action Game 10:30 AM Rosary(3) 11:00 AM Mass in the Chapel* 1:30 PM Men's Group / Card Games* 6:00 PM Match The Shape Activity	10 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 2:00 PM Matinee Movie: "Luck of the Irish" + popcorn * 6:30 PM	11 9:30 AM Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00PM Resident Choice Activity 7:00PM Lawrence Welk (105)
12 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:30 PM Trivia 6:00 PM Hallway Walking	13 live music! 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Judy + Friends Singalong (Uht)* 6:30 PM Manicures	14 Travel Day! 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 PM Travel to Ireland Activity (Uht)* 6:00 PM Go Fish Card Game	15 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo* 6:00 PM Reminiscing Circle	16 Religious Retreat 9:00AM-1:00PM (Uht) 9:30 AM Action Game 1:30 PM Group Baking/ Brownies* 6:00 PM Group Singalong CD	17 Saint Patrick's Day! 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 2:00 PM St. Patrick's Day Social (Uht)* 6:30 PM *Wear green today!	18 9:30 AM Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00 PM Coloring & Relaxation 7:00PM Lawrence Welk (105)
19 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:30 PM Hangman Word Games 6:00 PM Hallway Walking	20 1st day of Spring! 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:30 PM Spring Social* 6:30 PM Manicures	21 Pet Therapy! 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:30 PM Therapy Dogs United--(in the unit)* 6:00 PM Go Fish Card Game	22 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo* 6:00 PM Fold + Sort Laundry Activity	23 9:30 AM Action Game 10:00 Ecumenical Service by AUMC in the Chapel* 11:00 AM Mass 1:00 PM Wood Shop Class/picture frames* 6:00 PM Sort The Color Activity	24 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:00 PM Family Feud Computer Game* 6:30 PM	25 9:30 AM Word Games 10:30 AM Current Events 1:00 PM Bingo 3:00PM Resident Choice Activity 7:00PM Lawrence Welk (105)
26 9:30 AM Sunday Newspaper Headlines 10:30 AM Rosary (3) 11:00 AM Mass (3) 12:30PM Hymns 1:30 PM Trivia 6:00 PM Hallway Walking	27 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Yarn Activity: Baby Chicks* 6:30 PM Manicures	28 Bday Bash! 9:30 AM Action Game 10:30 AM Rosary (3) 11:00 AM Mass (3) 2:00 March* Birthday Bash (Uht) 6:00 PM Puzzle Time	29 9:30 AM Group Exercise 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:00 PM Bingo* 6:00 PM Reminiscing Circle	30 Outing! 9:30 AM Action Game 10:30 AM Rosary (3) 1:00 PM Outing: Erie Maritime Museum* 6:00 PM Group Singalong CD	31 9:30 AM Group Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:00 PM Letter / Card Writing to Friends & Family* 6:30 PM	Activity Department Contact Information: 814-836-5358 * Starred & green activities indicate the event is hosted by a member of the activity department.



This month's outing:

Erie Maritime Museum!



The Erie Maritime Museum can be found in the heart of Erie's Historic Bayfront District, sharing a residence with the [Raymond M. Blasco Memorial Library](#). The museum offers a wide range of multimedia and interactive exhibits coupled with interpretive programs that illustrate the region's maritime heritage.

If you are interested in this outing, please sign up with the activity department!

We're mixing up some fun at our monthly baking group!



Come make brownies and decorate your piece with green frosting and/or sprinkles in honor of Saint Patrick's Day on March 16th!

March birthdays this month

03/09 Pat H.

03/11 Cathy G.

We will celebrate with cake and ice cream on:

Tuesday, March 28th at 2 PM.

Did you know?



"March" is named for the Roman god of war, **Mars**. However, we think of it as the beginning of spring, as March brings the vernal equinox, the Full Worm Moon and the return of Daylight Saving Time! Here are important dates, gardening tips, and early spring recipes to celebrate the start of spring.

Please Note: Events are subject to change and some activities are weather permitting.

Residents are required to practice good hand hygiene, social distance, and are encouraged to wear face masks.