

January 2024: Memory Care



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 HAPPY NEW YEAR 11:00 AM Mass (CH3) 2:00 PM "The Sound of Music" (Ch35) 6:00 PM "Back to the Future" (CH35)	2 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30 PM Painting 6:00 PM Fold and Sort Activity	3 9:30 AM Exercise 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30 PM Travel to Switzerland Activity (Uht) 3:00PM Word Game 5:30 PM Go Fish	4 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30PM Afternoon Cocoa Chat 3:00 PM Match Activity 6:00 PM Singalong	5 9:30AM Exercise 10:30 AM Rosary (CH3) 11:00 Am Mass (CH3/Chapel) 1:30 PM Bingo 5:30PM Evening Manicures 6:30 Overboard (Ch35)	6 10:00 AM Current Events 1:00 PM Resident Choice 3:00 PM Elvis Blue Hawaii (CH35) 5:30PM Hallway Walking 7:00 pm Lawrence Welk (107)
7 9:30 AM Sunday Newspaper Reading 10:00 AM Mass (Chapel/CH3) 12:30 AM Hymns (35) 2:00PM Trivia 3:00 PM Planet Earth #1 (CH35)	8 Elvis's Bday 9:30 AM Exercise 10:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (Ch3/Chapel) 1:30 PM Penguin Craft (Uht) 5:30 PM Puzzle Time	9 9:30 AM Action Game 9:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (CH3/Chapel) 1:30 PM Family Feud 6:00 PM Reminiscing Circle	10 9:30 AM Exercise 10:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (CH3/Chapel) 1:30 PM Snowman Ice Cream 5:30PM Dominos	11 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 2:00 PM Afternoon Movie and Popcorn 6:00 PM Sing A Long	12 9:30 AM Exercise 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30 PM Bingo 5:30 Evening Manicures 6:30 PM Fun in Acapulco (CH35)	13 National Sticker Day 10:00 AM Current Events 1:00 PM Resident Choice 3:00 PM Make Room for Daddy (CH35) 5:30 PM Sports Chat 7:00 PM Lawrence Welk (107)
14 9:30 AM Sunday Newspaper Reading 10:00 AM Mass (Chapel/CH3) 12:30 AM Hymns (35) 2:00 PM Bingo 3:00 PM Planet Earth #2 (CH35)	15 MLK day 9:30 AM Exercise 10:30 AM Rosary (CH3) 11:00 AM Mass (Ch3/Chapel) 1:30 PM MLK Jr Activity (UHT) 5:30 PM Board Games	16 Pet Therapy Day 9:30 AM Action Game 10:30AM Rosar(CH3) 11:00 AM Mass (CH3/Chapel) 2:30 PM Pet Therapy (in the unit) 6:00 PM Fold and Sort Activity	17 9:30 AM Exercise 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30 PM Group Baking 3:00PM Jewelry Making 5:30PM Yahtzee	18 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 2:00 PM Winter Tea Party (UHT) 6:00 PM Singalong	19 9:30 AM Exercise 10:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (CH3/Chapel) 1:30 PM Bingo 5:30 PM Evening Manicures 6:30 PM Happy Feet (CH35)	20 0:00 AM Current Events 1:00 PM Resident Choice 3:00 PM Grease (CH35) 5:30PM Hallway Walking 7:00 PM Lawrence Welk (107)
21 9:30 AM Sunday Newspaper Reading 10:00 AM Mass (Chapel/CH3) 12:30 PM Hymns (CH35) 2:00 PM Trivia 3:00 PM Planet Earth #3 (CH35)	22 9:30 AM Coffee & Cocoa Chat 10:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (Ch3/Chapel) 1:30 PM Winter Sensory Activity 6:00 PM Puzzle Time	23 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 2:00PM Word Game 6:00 PM Reminiscing Circle	24 9:30 AM Exercise 10:30 AM Rosary (CH3/Chapel) 11:00 AM Mass (CH3/Chapel) 2:00 PM Short Story Reading Time 5:30PM Pictionary	25 Live Music! 10:00 Ecumenical Service by Asbury United Methodist Church 11:00 AM Mass (CH3/Chapel) 2:00 PM Birthday Bash W/Live Music By Z Praise (UHT) 6:00 PM Singalong	26 9:30 AM Exercise 10:30 AM Rosary (CH3) 11:00 AM Mass (CH3/Chapel) 1:30 PM Bingo 5:30 PM Evening Manicures 6:30 PM Indiscreet (Ch35)	27 10:00 AM Current Events 1:00 PM Residents Choice 3:00 PM Babe (CH35) 5:30PM Sports Chat 7:00 PM Lawrence Welk (107)
28 9:30 AM Sunday Newspaper Reading 10:00 AM Mass (Chapel/CH3) 12:30 AM Hymns (35) 2:00PM Bingo 3:00 PM Planet Earth #4 (CH35)	29 9:30 AM Coffee & Cocoa Chat 10:30 AM Rosary (CH3) 11:00 AM Mass (Ch3/Chapel) 1:30 PM Match Activity 5:30 PM Board Games	30 9:30 AM Action Game 10:30 AM Rosary (CH3) 11:00 AM Mass 2:00 PM Afternoon Movie and Popcorn 6:00 PM Fold and Sort Activity	31 Outing 9:30 AM Senior Stretch 10:30 AM Rosary (3) 11:00 AM Mass (3) 1:30 PM Outing/Dunkin Donuts 3:00 Word Game 5:30 PM Uno			

JANUARY



**No January birthdays
this month.**

But, we will still celebrate
with cake, ice cream and live music on:

Thursday January 25th at 2PM (Uht)

**Make your own snowman out of ice
cream on January 10th!**



We will be using chocolate chips, licorice, cher-
ries, frosting and marshmallows to decorate
our ice cream snowman.



**Winter Tea Party
Uht Hall
January 18th 2024
2pm**

Wear your pearls or fancy hat!

Please Note: Events are subject to change and some activities are
weather permitting. Residents are required to practice good hand hy-
giene, social distance, and are encouraged to wear face masks.

This month's outing:

Dunkin Donuts Coffee Trip

January 31st 2023



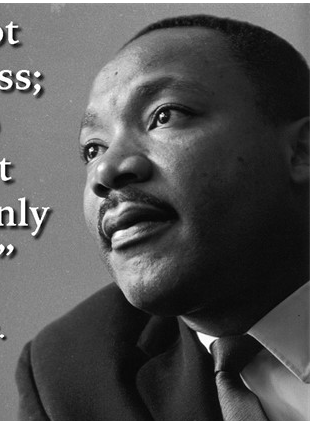
Sip into Dunkin' and enjoy America's favorite
coffee and baked goods chain.

If you are interested in this outing , please
sign up with the activity department!

Happy New Year!

**"Darkness cannot
drive out darkness;
only light can do
that. Hate cannot
drive out hate; only
love can do that."**

— Martin Luther King, Jr.
Strength to Love



The Activities Department office phone
number is **836-5358**.