



## *What to Bring from Home*

### **Move-In Check List for Residential Living & Personal Care**

#### **HOME FURNISHINGS**

Please be aware we encourage you to bring items that remind you of home so long as they do not impair safe mobility in your room. Throw rugs are highly discouraged but if used, must have non-skid rubber backing. Refrigerator, microwave, sink, and window treatments are provided.

- ☐ Sofa or loveseat, favorite recliner/chair, side table, bed and mattress, nightstand
- ☐ Kitchenware including a minimal assortment of plates and bowls, drinking glasses, mugs, silverware
- ☐ Small kitchen appliances such as a coffeemaker, toaster (UL listed with label intact)
  - Please discuss use of these items with a Saint Mary's representative
- ☐ Lamps (UL listed with the label intact)
- ☐ Television, tablet or iPad, computer, alarm clock, radio
- ☐ Keepsakes and knick-knacks, framed photos and artwork

#### **NECESSITIES**

- ☐ Linens if you prefer your own or are not using a twin bed; towels are provided
- ☐ Bedding such as a comforter or quilt, throw pillows
- ☐ Clothing for all seasons and occasions, clothes hangers, shoes & non-skid slippers
- ☐ Labeled laundry items, whether or not Saint Mary's is doing your laundry.  
If you would like to wash your own laundry, no detergent is needed
  - Iron-on labels can be obtained from Saint Mary's
- ☐ Assistive devices such as eyeglasses, hearing aids, canes/walkers, wheelchair
- ☐ Favorite books and magazines
- ☐ Snack and food items for your refrigerator

## TOILETRIES & PERSONAL ITEMS

- ☐ All medications from home including over-the-counter (OTC) medications
  - Once your home supply is depleted, all medications must be “blister packed/bubble packed.” Care Apothecary Pharmacy is the most used pharmacy at Saint Mary's and makes multiple deliveries to the facility a day
- ☐ Kitchen paper towels, napkins, or tissues (toilet paper is provided)
- ☐ Toothbrush and toothpaste, soap and shampoo, body lotion, hair products and make-up, personal hygiene products, etc.
- ☐ Dish soap, dish towels and cleaning wipes for quick clean-ups
  - Please discuss use of these items with a Saint Mary's representative

## IMPORTANT DOCUMENTS

Provide Saint Mary's with copies of these documents before move-in:

- ☐ Personal ID
- ☐ Driver's License if you are driving
- ☐ Insurance and medical cards
- ☐ Living Will
- ☐ Healthcare and Financial Power-of-Attorney Documents

## WHAT NOT TO BRING:

- ☒ No surge protector strips, extension cords, or outlet adapters
- ☒ No candles
- ☒ No tobacco products – Saint Mary's is a smoke and tobacco free facility!
- ☒ No weapons or firearms
- ☒ No live pine wreaths or trees when decorating for the holidays; artificial Christmas trees or arrangements must be fire retardant and any lights must be UL listed with label intact