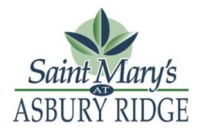


# NOVEMBER

# UNIT C 2022



**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

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|--|--|---|--|--|--|
|  | <p><b>1</b></p> <p>9:30 AM Action Game<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Make your own ice cream sundae (Uht)<br/>6:00 PM Evening Movie: "The Apartment" &amp; Popcorn</p> | <p><b>2</b></p> <p>10:00 AM Senior Stretch (35)<br/>11:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Karaoke (Uht)<br/>6:00 PM Story Telling</p> | <p><b>3</b></p> <p>9:30 AM Current Events<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Trivia<br/>6:00 PM Coloring &amp; Relaxation</p> | <p><b>4</b></p> <p>10:00 AM Morning Manicures<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Bingo<br/>6:30 PM "You've Got Mail" (35)</p> | <p><b>5</b></p> <p>10:00 AM Exercise (35)<br/>10:30 AM Current Events<br/>1:00 Resident Choice Activity or Game<br/>3:00 PM Origins of Country Music #^ (35)<br/>7:00 PM Lawrence Welk (107)</p> |
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| <p><b>6</b></p> <p>9:30 AM Sunday Newspaper Reading<br/>10:00 AM Mass (3)<br/>12:30 PM Hymns (35)<br/>2:00 PM A Corus Line (35)<br/>6:00 Pm The Battle at Midway (35)</p> | <p><b>7</b></p> <p>9:30 AM Coffee Chat<br/>10:30 Rosary (35)<br/>11:00 Mass (3)<br/>2:00 Live Music: Liz Tomcho (UHT)<br/>6:00 PM Leaf Rubbing Activity</p> | <p><b>8</b></p> <p>9:30 AM Action Game<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Therapy Rabbits (Lobby)<br/>6:30 PM Evening Movie—"Marley and Me" &amp; Popcorn</p> | <p><b>9</b></p> <p>10:00 AM Senior Stretch (35)<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM "Adopt a Dog" Day &amp; Collar Making<br/>6:00 PM Reminiscing Circle</p> | <p><b>10</b></p> <p>9:30 AM Current Events<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Veterans Day Celebration (Uht)<br/>6:00 Family Feud</p> | <p><b>11</b></p> <p> VETERANS DAY<br/>9:30 AM Morning Manicures<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Bingo<br/>2:00 PM Hymns of Thanks (3)<br/>6:30 PM On Golden Pond (35)</p> | <p><b>12</b></p> <p>10:30 AM Chair Yoga (35)<br/>1:00 PM Coloring/Relaxation<br/>3:00 pm Origins of Country Music #7<br/>7:00 PM Lawrence Welk (107)</p> |
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| <p><b>13</b></p> <p>9:30 AM Sunday Newspaper Reading<br/>10:00 AM Mass (3)<br/>12:30 PM Hymns (35)<br/>1:00 PM Saints vs Steelers (108)<br/>2:00 PM Autumn Scenery &amp; Music (35)<br/>6:00 War Classics (35)</p> | <p><b>14</b></p> <p>9:30 AM Coffee Chat<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass<br/>2:00 PM Singalong with Judy &amp; Friends (UHT)<br/>6:00 Make your own Pumpkin Play Dough</p> | <p><b>15</b></p> <p>9:30 AM Word Game: Hangman<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass<br/>2:00 PM Therapy Dogs (Lobby)<br/>6:30 PM Evening Movie: "Hairspray Musical" &amp; popcorn</p> | <p><b>16</b></p> <p>10:00 AM Senior Stretch (35)<br/>10:30 AM Rosary (3)<br/>11:00 AM mass (3)<br/>1:00 PM Outing / Tom Ridge Center<br/>2:00 PM Kick Ball<br/>6:00 PM Sharing of Picture Albums</p> | <p><b>17</b> NO MASS IN CHAPEL TODAY.<br/>9:00 AM—2:00PM FALL RELIGIOUS RETREAT<br/>9:30 AM Current Event<br/>2:00 PM Who Wants to be a Millionaire<br/>6:00 PM Hallway Walking</p> | <p><b>18</b></p> <p>10:00 AM Morning Manicures<br/>10:30 AM Rosary(3)<br/>11:00 AM Mass (3)<br/>2:00 PM Disney Bingo (35)<br/>6:30 PM Pillow Talk (35)</p> | <p><b>19</b></p> <p>10:30 AM Chair Yoga (35)<br/>1:00 PM Resident Choice Activity or Game<br/>3:00 PM Origins of Country Music #8 (35)<br/>7:00 PM Lawrence Welk (107)</p> |
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| <p><b>20</b></p> <p>9:30 AM Sunday Newspaper Reading<br/>10:00 AM Mass (3)<br/>12:30 PM Hymns (3)<br/>2:00 My Big Fat Greek Wedding (35)<br/>6:00 Pm Eight Below (35)</p> | <p><b>21</b></p> <p>9:30 AM Coffee Chat<br/>10:30 Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Drum Circle Class<br/>6:00 PM Turkey Craft</p> | <p><b>22</b></p> <p>9:30 AM Action Game<br/>2:00 PM Social —Hot Apple Cider<br/>6:30 PM Evening Movie: "Old Fashion Thanksgiving" &amp; Popcorn</p> | <p><b>23</b></p> <p>10:00 AM Senior Stretch (35)<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Bean Bag Toss<br/>6:00 PM Story Telling</p> | <p><b>24</b></p> | <p><b>25</b></p> <p>9:30 AM Morning Manicures<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass<br/>2:00 PM Bingo<br/>6:30 PM Bob Hope Specials 1/4 (35)</p> | <p><b>26</b></p> <p>10:30 AM Chair Yoga (35)<br/>1:00 PM Coloring/Relaxation<br/>3:00 PM Bob Hope Specials 2/4 (35)<br/>7:00 pm Lawrence Welk (107)</p> |
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| <p><b>27</b></p> <p>9:30 AM Sunday Paper Reading<br/>10:00 AM Mass (3)<br/>12:30 PM Hymns (35)<br/>2:00 PM Bob Hope Specials 3/4 (35)<br/>6:00 PM The Blind Side (35)</p> | <p><b>28</b></p> <p>9:30 AM Coffee Chat<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Help Decorate Our Christmas Tree!<br/>6:00 PM Wooden Bird Ornament Craft</p> | <p><b>29</b></p> <p>9:30 AM Word Game: Words that begin w/<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM Fold &amp; Sort Activity<br/>6:30 PM Evening Movie: "It's A Wonderful Life" &amp; Popcorn</p> | <p><b>30</b></p> <p>10:00 AM Senior Stretch<br/>10:30 AM Rosary (3)<br/>11:00 AM Mass (3)<br/>2:00 PM November Birthday Bash Live Music: "Patt's Jazz (UHT)</p> | <p><b>VETERANS DAY</b></p> <p><b>HONORING ALL WHO SERVED</b></p> |  |  |
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### Just a friendly reminder:

Residents can sign up for outings with the Activity Department. All outings will depart from the main lobby at the designated time. These events are first come, first serve.



**Happy Birthday**

**Loraine P. !**

**11/4**

## Religious Services

(Channel 3)

Weekdays—Mass at 11:00

Sundays—Mass at 10:00

Weds. —Eucharistic Adoration  
(9:00—11:00 am)

## TV Guide - Channels

2-Schedule

3-Chapel

34 - Music Channel

35 – In House Movies

106-CBS

107-PBS

112-Weather

111– EWTN

113-Discovery

114—Family Channel

118– Learning Channel

119-Animal Planet

124-History

125-HGTV

126– Food Network

127– Travel

129-Lifetime TV

132– Turner Classic

Movies (TCM)

133– Hallmark MOVIES

137-Hallmark Channel

### Please Note:

Events are subject to change.

Residents are encouraged to wear masks, social distance and practice good hand washing hygiene.

