



Saint Mary's Home of Erie

The Mirror IN THE WIND

A Publication of Saint Mary's Home of Erie

October 2016



Community



Benevolence



Residents

SERVICE



Volunteers

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Adult Day Services

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Therapies

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LPNs and NAs

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Services

Social Services Program/Pastoral Care

Support Services

Nutritional Services

Recreational Activities

Beauty and Barber Services



MISSION STATEMENT

Founded by the Sisters of St. Joseph and operated in the Catholic tradition, Saint Mary's Home of Erie is committed to an environment of loving to care where primarily seniors, their families, staff and Volunteers participate in fostering an atmosphere of community.

VISION STATEMENT

Saint Mary's Home of Erie, through partnership, networking, and referrals will be a principal enabler to primarily seniors in the Erie Community aiding them in living their lives in a respectful, dignified and fulfilled manner.

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Pursuant to state regulations regarding charitable solicitations, we are required to include certain disclosure language on Development materials.

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President's Message

Much has happened since our last issue of the MIRROR and many of you helped to shape those happenings! You will find some of them chronicled in the pages that follow.

We are very grateful for the generosity of all of our Sponsors and their wonderful support of our 2016 Follies. As you are aware, this event helps support our Benevolent Care Program and honors truly Ageless Remarkable Erieites. Special thanks to Bob and Mary Alice Glowacki (Chair couple), Noel Burgoyne (Honorary Chairperson), their Committee and the Erie Playhouse for making Follies 2016 such a spectacular event! We are looking forward to Follies 2017 on September 14, 2017!!!

We are also grateful to all of you who participated in Erie Gives. Thank you for your generosity!

The theme of this MIRROR is *service*. Speaking at an Audience with young people in Piazza Vittorio, Turin on June 22, 2015, Pope Francis stated: "...love is found in actions more than in words: love is concrete...it communicates itself...love sacrifices itself for others. Love is service..."¹

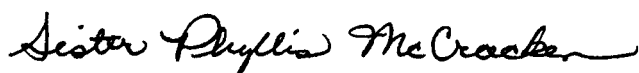
Each of you have provided that service through your generosity and our Employees and Volunteers provide this through living out our Mission of Loving to Care and fostering an atmosphere of community. That Mission which calls forth love/service from each of us.

Congratulations to our 100 hour honorees and all of our Volunteers. Thank you for making each day a brighter day for our Residents by your presence.

These are times of epic change for long term care services and all of health care in our country. New payment models are on the horizon and we have just been graced by CMS with 709 pages of totally new regulations for long term care facilities which were released on September 28, 2016 and are effective on November 28, 2016 in 3 phases. Phase I is effective November 28, 2016. This is the largest change in regulations since the 1980's! We are still awaiting written interpretive guidance from CMS for these regulations.

Saint Mary's has embarked on a strategic planning process which officially kicked off on October 20, 2016. Stay tuned...

After all, we're Saint Mary's and we're all about YOU!



Phyllis McCracken, SSJ
President/CEO



Sister Phyllis McCracken, SSJ
President/CEO

¹"Popes quotes: Love, life, friends" by NCR Staff, May 16, 2016, *The Francis Chronicles*, ncronline.org.

AROUND OUR HOME...



Marian Eisert, seated, celebrated her 104th Birthday on May 16th. Pictured with Marian, left to right, are Mary Lee Laird, Mary Eisert, Kathy Sechrist and Richard Eisert.



Giselda Rade celebrated her 104th Birthday on September 11th.

Happy 104th Birthdays!

Birthday celebrations were held with Residents, family and friends at Asbury Ridge for both of the Centenarians! Congratulations.



Olympic Torch at Saint Mary's East

John Sobotincic, an Olympic torch bearer, spoke with Saint Mary's East Residents about his experience running with the torch through Cleveland leading up to the 2002 Winter Olympics in Salt Lake City. Pictured is John passing the torch he carried to Residents during his visit to Saint Mary's East.



Dexter on Display

Residents, family, friends and Employees can now get a double dose of Dexter, the Saint Mary's East activity dog, thanks to the talents of Joan Rosenthal, a skilled quilter and Resident at Saint Mary's East. Pictured is Joan sitting with Dexter in front of the beautiful quilt she made of him, which is hanging in one of the activity rooms at Saint Mary's East.



Happy 100TH Birthday!

Congratulations and Happy Birthday to Irene Niewolak who celebrated her 100th Birthday on Thursday, September 8th! A celebration was held at Saint Mary's East with Residents, friends and Employees.

The Friends of Saint Mary's Honored for Service

In 2015/2016, Saint Mary's had 96 Volunteers who donated 5,881 hours of service. There were 22 new Volunteers that joined throughout the year! A Volunteer Recognition Dinner was held at Saint Mary's East to thank and honor all of the Volunteers who are dedicated to Saint Mary's Residents and our Mission of "Loving to Care."

Receiving special recognition for completing 100 Volunteer hours this past year were Htoo Klee Paw, Dustine Kaus, Lori Jez and Kathy Little.



Left to right: Htoo Klee Paw, Volunteer; Marianne Kocur, Asbury Ridge Activities Director; Dustine Kaus, Volunteer; Diane Lutz, East Activities Director; and Lori Jez, Volunteer.



A Day to Reflect

Residents and Volunteers from Asbury Ridge recently visited the 9/11 Memorial located outside the Blasco Library. It was impressive for them to see one of the actual beams from one of the World Trade Center Towers and to reflect on such an important part of American history. Pictured, from left, are Dave Dahlkemper, Pat Kelly, Margaret Gotto, Nancy Somerfield (Volunteer), Cecelia Guagliardi and Edrye Boraten (Volunteer).



Local Artist Inspires

Local Artist, Brian Payne, held a painting class at Asbury Ridge for the Residents and guests from the Erie Community. Pictured is Brian giving instructions to the class on how to design their own versions of the painting.





Erie Gives 2016

Saint Mary's Home of Erie received record donations from Erie Gives Day in 2016. A total of \$14,053, including the Erie Gives match, was raised from 82 donors. The money from Erie Gives will benefit Saint Mary's Benevolent Care Program. Thank you to all of our generous benefactors for your continued support.



Adult Day Services at Waldameer Park

Clients from Adult Day Services took advantage of Erie attractions and the nice weather this past Summer. Pictured, from left, are Elizabeth Morton; Carol Mills, ADS LPN; William Lambright; Patricia Watkins, ADS Activity Aide; James Granger; Benjamin Reinert, Intern and Bernice Biernik enjoying a beautiful day at Waldameer Park.

SAINT MARY'S FOLLIES

"Twice as Nice"

On September 1, 2016 the Grand Ballroom of the Bayfront Convention Center held a record crowd for Saint Mary's Follies. There were 415 guests who gathered together to share a meal, to be inspired and to make a difference. Although the evening has come and gone, the impact of Saint Mary's Follies is powerful and lasting. Through the generosity of 73 companies and individuals who sponsored the event, along with all who purchased individual tickets, tables, or made a donation, Follies raised \$90,070 with all proceeds designated for the Benevolent Care Program at Saint Mary's Home of Erie.

Led by Chair couple, Robert and Mary Alice Glowacki, as well as Honorary Chairperson, Noel Burgoyne, the 4th Annual Saint Mary's Follies featured a delectable three course sit-down dinner. The highlight of the night was an awards ceremony complementing this year's Follies theme "Twice as Nice" to honor three couples as Ageless Remarkable Erieites. This year's award recipients were Walter and Joan Harf, Paul and Lane Nelson and Dr. Richard and Willie Rahner. The Ageless Remarkable Erieites award is given to seniors age 75 and older who have remained committed through service and Volunteerism to making the Erie community a better place. A tribute video allowed guests a glimpse into the lifelong accomplishments

"Twice as Nice" for Record Year



2016 Ageless Remarkable Erieites

Pictured, left to right, are Walter and Joan Harf, Lane and Paul Nelson, Willie and Dr. Richard Rahner.

of each honoree couple. Gray Matter Media, the in-kind producer of the videos, truly captured decades of remarkable accomplishments, energy and compassion of the three couples.

Throughout the evening, local talent captivated the audience with iconic duets and love songs to honor the three couples. Michael and Jean Malthaner along with Almitra Clerkin and the Erie Playhouse coordinated the performances. Performers included Michael Malthaner, Jean Malthaner, Almitra Clerkin, Shawn Clerkin, Charlie Corritore, Rich Tryzbiak, Kate Amatuzzo and Patrick Thiem.



Saint Mary's Follies 2016



Pictured, left to right, are Rev. Shawn Clerkin, Patrick Thiem, Almitra Clerkin, Kate Amatuzzo, Jean Malthaner, Charlie Corritore, Rich Tryzbiak and Michael Malthaner.



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SERVICE

Congratulations to the 2016 Saint Mary's Service Award recipients. The Board of Trustees and Administration would like to give a special thank you to these dedicated Employees who are celebrating years of service with Saint Mary's Home of Erie.



40, 30, 25, and 20 Years of Service

Left to right: Deborah Swartz (25), Sister Margaret O'Brien, SSJ (30), Msgr. Joseph Wardanski (40) and Jennifer Fisher (20).
Not pictured: Jennifer Jude (25), Christopher Huck (20) and Carrie Moffatt (20).

15 Years of Service

Back row, left to right: John Camphire, Diane Thurston, Yvonne Cole and Constance Violi.
Front row, left to right: Jamie Fung, Roberta Kennelley, Ann Marie Cline, Sandra Angerer and Tina Malpiedi.
Not pictured: Victoria Williams, Erna Switzer, Crystal Czarnecki, John Mariella, Olga Burykin and Marija Buljubasic.



AWARDS

10 Years of Service

Back row, left to right: Rhiannon Grabowski, Fr. G. William Fischer and Anthony Allegretto.

Front row, left to right: Sr. Bernadine Gehringer, SSJ, Ruth Waidley, Beverly Caldwell and Sarita Tolbert.

Not pictured: Suzanne Fletcher, Joseph Truitt, Angela Wynn, James Park, Kathleen Lewis, Millicent Cosby, Debora Carr and Sharda Harris.



5 Years of Service

Back rows, left to right: James Carlini, Sandra Zampogna, Glenn Huggler, Theresa Seeders, Corey Gerbracht, Deborah Baer, Robert Galla, Renee Laufer, Alexis Fitzsimmons and Shanada Ogden.

Front row, left to right: Heather Rich, Nyshae Aviles, Debra Proctor, Slava Poznalski, Stephanie Gambill, and Darlene Vazquez.

Not pictured: Beth Dunham, April Nelson, Russell Patsy, LaShawna Wilson, Philip Mundkowsky, Hawa Koiwu, Deborah Post, Sara Lodihak, Aaron Carr, Deborrah Adams, Rose Marie Taylor, Steven Kukuda, Anthony Hoffman and Sarah Caram.

Saint Mary's Advances Electronic Health Records Management

As a next step in fully implementing electronic health records management, Saint Mary's has recently deployed the eMAR (electronic medication administration record) system for electronically recording the administration of medications to Residents.

The eMar system has been introduced under the direction of Amy Erdely, Director of Information Technology, and Allen Bonace, R.N., Vice President for Special Projects. Nurses from Saint Mary's East and Saint Mary's at Asbury Ridge are now documenting both the administration of medication in eMAR and the administration of treatments through the companion eTAR (electronic treatment administration record) system. Amy said, "eMAR offers seamless secure medication administration from the pharmacy to the Resident."

"These systems give us the ability to chart the administration of both medications and treatments at the point of care, which ensures accuracy and order follow-through," Allen said. "This functionality also gives caregivers instant access to information about Residents' allergies and diagnoses in addition to providing nursing alerts, order histories, photos and more. The eMAR function saves our Employees time spent flipping through notebooks and eliminates the end-of-month changeover of completed manual documents."

In addition to recording medication administration through the eMAR system, all disciplines are electronically charting Residents' care and treatment using modules such as Interdisciplinary Progress Notes, Resident's Vital Signs, Immunization Records, Care Plans and Minimum Data Set (MDS) Assessments.

Plans continue to advance electronic health records management with the addition of eDOCs (electronic documents), which will allow scanning and storage of images of vital Resident documents, as well as, the Continuity of Care Document (CCD) which will facilitate a seamless transition from the hospital to the nursing facility to the primary care physician.





Pictured are Mike Horvath, Asbury Ridge RN, administering medication to Daf Murray. Mike then documents the medication he gave in eMAR.



Pictured, from left, are Amy Erdley, Director of Information Technology, working with Tina Garver, East RN, and Taniesha Keith, East LPN, in the eMAR software. *"eMAR offers seamless secure medication administration from the pharmacy to the Residents."* - Amy Erdley, Director of Information Services, Saint Mary's Home of Erie.

Pictured are Allen Bonace, Vice President for Special Projects, working with Lisa DiGello, East RN, in the eMAR software. *"The eMAR software helps ensure accuracy and order follow-through for each Resident."* - Allen Bonace, Vice President for Special Projects, Saint Mary's Home of Erie.





Music & MemorySM - A New Approach to Care at Saint Mary's

For many of us, listening to music is an activity enjoyed throughout our life. When we hear a cherished tune, we often have strong connections associated with our past. Music is a powerful force that can affect our minds and spirits, awaking memories from our subconscious.

That is the thought behind Music & MemorySM, a non-profit organization that brings personalized music into health care facilities using iPods to help improve quality of life, especially for those with cognitive or physical challenges. Initiated in 2006 by Dan Cohen, the organization's goal is to create a network of certified organizations to help make this particular type of personalized music therapy a standard within health care.

With the success of a 2012 documentary, showcasing remarkable stories of some of the program's participants, Music & MemorySM has gained in popularity and is now used at health care facilities around the world.

Joining the list of Music & MemorySM Certified Care Organizations are Saint Mary's East and Saint Mary's at Asbury Ridge.

When Marianne Kocur, Asbury Ridge Activities Director, was first introduced to Music & MemorySM at a conference, she immediately knew it would be a great resource for the Residents at Saint Mary's. "I have always loved music and I try to incorporate songs into many of the programs I plan for our Residents," Marianne shared. "When I learned about Music & MemorySM, I was excited to find out how we could bring the program to Saint Mary's."

According to Music & MemorySM, there are many benefits of personalized music.

- Beloved music helps to reduce depression and anxiety and can also moderate pain.
- Musical favorites tap deep memories and can improve quality of life.
- Participants are happier, more social and receptive to care and family visits.
- Personalized music can help to reduce reliance on anti-psychotic, anti-depressant and pain medications.

Source: musicandmemory.org



Carolyn Brabender, Asbury Ridge Resident, relaxes as she listens to her personalized playlist on an iPod.

In early 2016, Saint Mary's received a generous donation from the family of an Asbury Ridge Resident to fund the program. Music & MemorySM then supplied ten iPods, iPod chargers, headphones and an iTunes gift card for downloading music. Saint Mary's Employees were trained during three 90-minute webinars where they learned how to create a library of music, manage playlists for Residents to integrate personalized music into care plans and evaluate the program's effectiveness.

Before a Resident begins the program, Marianne asks them, along with their families, to complete a questionnaire to get a sense for the types of music they enjoy. With this information she is able to create a personalized playlist for the individual. "We are using the program with many of our Residents," Marianne added. "We have used it to help with pain management, to help with agitation and as a recreational alternative to those who prefer individual activities."

Saint Mary's East also signed up for Music & MemorySM, and received it at a discounted rate due to the licensing at Asbury Ridge. Earlier this year, Employees were trained, equipment was again supplied by Music & MemorySM and, currently, the program is in its early stages at the East campus. "We plan to share the iPods between the Gallagher Center and our nursing facility," explained Diane Lutz, East Activities Director. "We will create individualized playlists for some Gallagher Center Residents and use playlists of varying genres that would be of interest to our Nursing Residents."

Since launching the program earlier this year, Saint Mary's has seen success with it and is optimistic this will continue as Music & MemorySM develops at both locations.



Diane Lutz (right), East Activities Director, is pictured showing Dick Belcher, East Resident, how to use a new iPod that came with the Music & MemorySM Program. Music and MemorySM was recently initiated at Saint Mary's East and Saint Mary's at Asbury Ridge and allows Residents to personalize music playlists.



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Saint Mary's Home of Erie.

Comments and suggestions for articles
are welcome.

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Saint Mary's East and Saint Mary's at Asbury Ridge Receive National Accreditation for Excellence in Quality Assurance and Performance Improvement (QAPI).

Saint Mary's East and Saint Mary's at Asbury
Ridge have both received Basic Quality
Assurance and Performance Improvement
Accreditation in 2016.

This accreditation is evaluated and presented
by independent accreditor, Providigm, LLC.
Through Saint Mary's use of the abaqis Quality
Management System, Providigm is able to
verify that Saint Mary's is continually assessing
the quality of the care they provide to their
Residents against federal regulations and standards at an ongoing rate, and
correcting identified issues.

"Saint Mary's East and Saint Mary's at Asbury Ridge are excellent
examples of nursing centers taking initiative to proactively identify and
correct quality concerns," says Andrew Kramer, M.D., Chief Executive
Officer at Providigm. "Their commendable use of the abaqis Quality
Management System ensures that they are constantly monitoring
important quality of care and life issues for their residents."

About Providigm, LLC

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