



Saint Mary's Home of Erie

# The Mirror

## IN THE WILLOW

A Publication of Saint Mary's Home of Erie

October 2017

## Inspired by Love



(Left to Right) Sister Phyllis McCracken, SSJ, John Mantyla, John Stefanik and Mike Lubowicki.

### In This Issue...

Loving to Care in Every Season • Saint Mary's Commitment to Erie • Around Our Home

A sponsored ministry of the Sisters of St. Joseph of Northwestern Pennsylvania



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Therapies

On-site Nursing Staff including RNs,  
LPNs and NAs

Catholic and Ecumenical Religious  
Services

Social Services Program/Pastoral Care

Support Services

Nutritional Services

Recreational Activities

Beauty and Barber Services



## MISSION STATEMENT

Founded by the Sisters of St. Joseph and operated in the Catholic tradition, Saint Mary's Home of Erie is committed to an environment of loving to care where primarily seniors, their families, staff and volunteers participate in fostering an atmosphere of community.

## VISION STATEMENT

Saint Mary's Home of Erie, through partnership, networking, and referrals will be a principal enabler to primarily seniors in the Erie Community aiding them in living their lives in a respectful, dignified and fulfilled manner.

### Charitable Solicitation Disclosure Statement

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# President's Message

## A FAR REACHING IMPACT INSPIRED BY LOVE

Inspired by love of his late mother and concerned for other seniors, Jim Mantyla set about generously creating a Foundation through which to gift a significant amount of assets to Saint Mary's Home of Erie and 3 other local not-for-profit organizations.

James E. Mantyla was the Owner and CEO of Glenwood Beer Distributors (a regional firm headquartered in Erie, PA) for nearly 20 years. According to their website, Glenwood Beer represents 32 breweries serving 12 counties in Northwest Pennsylvania.

Jim and his brother John were very pleased with the easy transition, care and quality of life that Saint Mary's Home of Erie afforded their late mother, Ellen Moore Mantyla.

In an effort to "give back" to the Erie community, Jim decided to channel his assets, upon his death and into the future, to help charities he knew and cared about.

In setting up the James E. Mantyla Foundation, Jim harkened back to that easy transition of his mother and was aware of Saint Mary's Benevolent Care Program to assist qualified seniors in our Residential Living Area. In a total surprise, he generously remembered Saint Mary's through his Foundation!

Saint Mary's is humbled to have been remembered by this truly humble man with an initial gift of \$400,000 to use for our Benevolent Care Fund. We have chosen to name the Fund: ***The James E. Mantyla Benevolent Care Fund.***

Jim's untimely death at the age of 69 on April 8, 2017 brought the Foundation to life and will serve to enliven others well into the future.

***Please consider joining his far reaching impact which was inspired by love!***

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Thank you to Russ and Susan Forquer, Anthony Allegretto, the Erie Playhouse and the Follies Committee for another successful Saint Mary's Follies held in September.

Also, congratulations to our 2017 Ageless Remarkable Erieites,

Bill Bloomstine, Donna Geiger, Jim and Mary Ann Toohey!!!

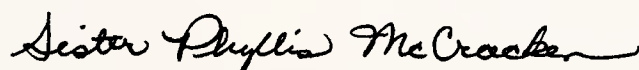
Proceeds from this signature event benefit our

James E. Mantyla Benevolent Care Fund!!!!

In 2016, Saint Mary's provided \$659,758 in Benevolent Care to our qualifying seniors.

Won't YOU join us?

After all, we're Saint Mary's and we're all about YOU!



Phyllis McCracken, SSJ  
President/CEO



Sister Phyllis McCracken, SSJ  
President/CEO



# SAINT MARY'S FOLLIES

## *Inspired by Love*

Although the evening may have come and gone, the impact of Saint Mary's Follies is powerful and lasting. On September 14, 2017 a crowd of 416 people gathered together in the Grand Ballroom of the Bayfront Convention Center to share a meal, to be inspired and to make a difference. Through the generosity of 62 companies and individuals who sponsored the event, along with all who purchased individual tickets, tables, or made a donation, Follies raised another record breaking total of \$91,960 with all proceeds designated for the James E. Mantyla Benevolent Care Fund at Saint Mary's Home of Erie.

Led by Chaircouple Russell and Susan Forquer, the 5<sup>th</sup> Annual Saint Mary's Follies featured a three-course sit-down dinner along with musical performances throughout the evening. Coordinated by Michael Malthaner, Almi Clerkin and the Erie Playhouse, talented local artists captivated the audience and complemented this year's theme with a medley of iconic songs inspired by love. Performers included Kate Amatuzzo, Karen Brennan, Charles Corritore, Jean Malthaner, Michael Malthaner, Bob Martin, Patrick Thiem and Rich Tryzbiak.



Pictured, left to right, are Rich Tryzbiak, Jean Malthaner, Patrick Thiem, Karen Brennan, Charles Corritore, Kate Amatuzzo, Bob Martin and Michael Malthaner.



### **2017 Ageless Remarkable Erieites**

Pictured, left to right, are William Bloomstine, Mary Ann and James Toohey and Donna Geiger.

The highlight of the evening was an awards ceremony honoring the 2017 Ageless Remarkable Erieites. This year's award recipients were William Bloomstine, Donna Geiger, and James and Mary Ann Toohey. The Ageless Remarkable

Erieite Award is given to seniors age 75 and older who have remained active in our community, sharing their gifts and talents in selfless service to others. Decades of accomplishments among the honorees were showcased in tribute videos, capturing each individual's zest for life and compassion for others. Their energy and stories left all who attended inspired to make a difference.



# SAINT MARY'S FOLLIES

*Inspired by Love*

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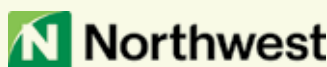
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# ***"Loving to Care"*** in Every Season

Seasonal changes can be difficult for everyone, as heat and humidity are often just as hard to manage as snow and freezing temperatures. Although they are opposites on the weather spectrum, Summer and particularly Winter both bring added risks that can be challenging for aging seniors. Not only do illnesses and injuries tend to rise among the elderly during winter, but occurrences of seasonal depression and social isolation increase as well. Community living provides a variety of benefits for our Residents, ranging from physical activity to mental well-being, all year long.

Our campuses provide supportive living environments for seniors. This is especially true during the extreme temperatures of the Summer and Winter months, when family members and caregivers might be too busy to visit or not able to travel as often as they would like. Unlike seniors living alone at home, our Residents can focus on other interests instead of having to worry about issues like landscaping and snow removal, grocery shopping in bad conditions or maintenance problems. In addition to avoiding such physical hazards, the care provided by our Employees helps Residents maintain a healthy lifestyle during the months when seniors are most vulnerable.

Just as it can be difficult for families and friends to get out and visit their loved ones in the Winter, it is even more difficult, and often more dangerous, for seniors to get out and remain active. Many seniors end up spending more time alone throughout the Winter, as inclement weather brings fewer visitors and less social options. This can also be an issue during peak Summer months as well. The dangers of heat and sun exposure often force many seniors to stay

indoors and miss out on certain social activities. The Activities Departments at both Saint Mary's East and Saint Mary's at Asbury Ridge offer monthly event calendars filled with different opportunities for our Residents to socialize year-round. Residents can choose from participating in games such as bingo and trivia, to expressing their creativity through arts and crafts, to staying connected with technology by using iPads and interactive computer programs. Other activities also include spiritual services, pet and music therapy, community performances and events, manicures, exercise and more.

"With cooler temperatures and darker days ahead of us, seniors can sometimes experience changes in mood and social isolation, especially those living alone. As we move into the Fall and Winter months, we strive to provide our Residents with a variety of inclusive and seasonal activities which encourage them to spend time out of their room, socialize with others and celebrate the many holidays and traditions the Winter season has to offer. Not only are activities fun, engaging and entertaining, they help Residents feel like part of a community," commented Katie MacKenzie, Activities Director at Saint Mary's at Asbury Ridge. The variety of activities that take place at both campuses help to keep spirits lifted without our Residents ever having to put on a coat or confront dangerous weather.

Living in a community can help provide seniors with help and care, while also offering a vibrant social life. Community living at Saint Mary's East and Saint Mary's at Asbury Ridge offers our Residents and their loved ones peace of mind throughout the year and helps make all four seasons enjoyable.



Pictured are Residents enjoying a variety of different seasonal activities, indoor and outdoor, all year long!



## Saint Mary's East



## Saint Mary's at Asbury Ridge





## AROUND OUR HOME...

### 101<sup>st</sup> Birthday Celebrations!



Irene Niewolak, Saint Mary's East, celebrated her 101<sup>st</sup> Birthday on September 8<sup>th</sup> with friends and family. Pictured back row, left to right, are Jim Bojarski, Pearl Wisniewski and Chris Trott. Pictured front row, from left to right, are Kathy Wisniewski, Irene Niewolak and Linda Trott. Happy Birthday Irene!



Jeannette McDonnell, Saint Mary's at Asbury Ridge, celebrated her 101<sup>st</sup> Birthday on June 7<sup>th</sup> with friends and family. Pictured back row, left to right, are Bob Bach, Gretchen Bach and Trudy Brown. Pictured front row, left to right, are Ruth Humes and Jeannette McDonnell. Happy Birthday Jeannette!



### Picnic at Presque Isle

Pictured, left to right, are Mary Kellogg, Alice Orr, Betty Moran, Daf Murray and Therese Woods. This group of Residents from Saint Mary's at Asbury Ridge took advantage of an afternoon relaxing at Presque Isle. Not only did they enjoy good food at the picnic they held on the beach, but they also enjoyed beautiful views!



## Rock Out Saint Mary's!

Saint Mary's joined the "Rock Out Erie!" movement this Summer helping to spread joy and appreciation for art through painted rocks. Residents at both Saint Mary's East and Saint Mary's at Asbury Ridge had fun getting creative with their inner artist during this community project. Students from Mercyhurst University joined the project at Saint Mary's East and enjoyed mixing and mingling with the Residents. A group of Saint Mary's East Residents later took a surprise trip over to Saint Mary's at Asbury Ridge, placing their decorated rocks around campus to bring joy to the west-side Residents.



A group of Residents at Saint Mary's at Asbury Ridge spending an afternoon painting together.



Saint Mary's East Residents, Joe Hepfinger, Dolores Detzel and Marianne Nicholl placing the rocks around Saint Mary's at Asbury Ridge for the Residents to find.



Saint Mary's East Residents, Betty Rose and Janet Miller, working hard on fun rock designs.







## 70 Year Reunion

A small group recently got together at Saint Mary's East to celebrate their 1947 Class Reunion from St. Benedict Academy. Congratulations on your 70 year reunion!!! Pictured, back row, left to right, are Rita Frith, Frances Somolani and Doris Inte. Pictured, front row, is Sophie Tataara. Not pictured is Joan Ragen.

## 30 Years of Adult Day Services!

Adult Day Services celebrated their 30<sup>th</sup> anniversary at Saint Mary's East during their Annual Caregiver Luncheon in September. During this special lunch, Adult Day Services recognized their Clients and their dedicated Caregivers. Guitarist Todd Morton provided musical entertainment throughout the event and door prizes were given to family and friends in attendance. Speakers included Maura Pelinsky, Director of Adult Day Services, as well as Tom Elliott, a former Caregiver and Mary Schmitt, daughter of current Client Audrey Wilson, who also spoke. All gave thanks and admiration for the purpose brought back into the life of their loved one and the extremely valuable care Adult Day Services continues to provide.



Pictured, left to right, are Tom Elliott, Maura Pelinsky, Mary Schmitt, Audrey Wilson and Donna Wilson.





## Erie Gives 2017



Saint Mary's Home of Erie received a total of \$13,739, including the Erie Gives match, from 84 generous donors on Erie Gives Day in 2017. Saint Mary's has been recognized among the top 20 percent in donations out of the 376 nonprofit organizations who participated in the twelve hour day of giving. The money from Erie Gives will benefit our James E. Mantyla Benevolent Care Fund. Thank you to all of our generous Benefactors for your continued support!

### You Have Helped!

I hope this issue of the Saint Mary's MIRROR demonstrates many examples of inspiration by love. This year's Ageless Remarkable Erieites- Donna Geiger, William Bloomstine and James and Mary Ann Toohey, all exemplified uniquely inspirational stories on selfless service to others. Erie Gives Day again showed how many donors have been touched by Saint Mary's and support the Mission of "Loving to Care." The Friends of Saint Mary's, our volunteers, continue to support Saint Mary's Residents in many different facets of their lives.

There are many ways people are inspired by love. Some choose to help monetarily, while others donate their time and talents. There are no preferred options for helping. Whether it is 5 minutes of time or \$5 towards a goal, *it is your support* that continues to help make Saint Mary's a place "Where 'Loving to Care' is a Way of Life!" It is the backbone of our community *and it is you who is fostering it.*

Thank you to everyone who has been inspired to help the Residents at Saint Mary's in so many ways. Each one of you has impacted Saint Mary's in some way. On behalf of our Employees and Residents, thank you for your time, talent and willingness to help. In turn, we will continue to serve and support the Erie community and strive to meet the needs of our seniors.

Please consider continuing to help and support Saint Mary's Home of Erie as we look to the future.

*Anthony J. Allegretto*

Anthony J. Allegretto  
Director of Marketing and Development







## SAINT MARY'S COMMITMENT TO ERIE

The Commitment to Erie Awards Banquet was held by *The Erie Times News* at the Bayfront Convention Center on September 19, 2017. Saint Mary's Home of Erie was honored as one of the top 3 nonprofit organizations in 2017. This annual award ceremony celebrates the local businesses that anchor the Erie community, as well as provide growth and act as economic stimulants for our region.

The significance of being honored as a top nonprofit organization in Erie is that it plays directly into Saint Mary's Mission of "Loving to Care" and "fostering an atmosphere of community." Saint Mary's was founded in 1884 by the Sisters of St. Joseph of Northwestern Pennsylvania to meet the needs of the local community. Today, the Board, Administration and Employees continue to offer services that meet the needs of seniors, leading the way for Saint Mary's to play a vital role in the economic health of the Erie region.

### **Saint Mary's Commitment to Seniors**

The seniors who call Saint Mary's home, lead active and productive lives within their capabilities. Their lives are enhanced by a full schedule of activities that are complemented by amenities, as well as a continuum of care and services. This includes intergenerational programming, technology integration and various clubs to support educational and active lifestyles. Saint Mary's operates in the Catholic tradition and offers both Catholic and Ecumenical Services along with scripture studies and prayer groups. Residents are truly nurtured in spirit, mind and body.

### **Saint Mary's Commitment to Erie**

Saint Mary's supports local nonprofits through fundraising, donations and volunteerism. The East and Asbury Ridge Campuses serve as clinical sites for many students from local universities, high schools and technical schools. Saint Mary's is proud to support many local vendors with most construction projects bid out locally. On-going community education is provided both on and off the campuses which include experts from Saint Mary's speaking on a wide range of long-term care related topics. Employees participate in the Adopt-A-Highway Program along East 26th Street. The Millcreek Kiwanis Club and Alzheimer's Association use the campuses for monthly meetings. All of these community outreach and support endeavors are vital components to the Mission of Saint Mary's.



## **“Loving to Care!”**

There are more than 465 Employees and many different career paths at Saint Mary's. Employees are offered incentives to continue their education, which normally takes place at local schools. This, in turn, helps both the Erie and Saint Mary's communities. We thank the local community for the years of support as we continue our commitment to Erie and our Residents.



**Saint Mary's East was host to one of the Mayor's Sounds of Summer Music Series which brought Residents and the local community together for an evening of fun. There are many events throughout the year that bring the local community and Saint Mary's Residents together.**







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Saint Mary's Home of Erie:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact the Social Services Department by calling Saint Mary's East at 814-459-0621 or Saint Mary's at Asbury Ridge at 814-836-5300. If the Social Services Department is not available (after hours, weekends, holidays), the Nursing Supervisor on call will assist.

If you believe that Saint Mary's Home of Erie has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Corporate Compliance / HIPAA Officer, Risk Manager; by mail: 607 East 26<sup>th</sup> Street, Erie, PA 16504; by calling 814-459-0621; by faxing to 814-454-0909 or by e-mail at [compliance@stmaryshome.org](mailto:compliance@stmaryshome.org). You can file a grievance in person or by mail, fax or e-mail. If you need help filing a grievance, the Corporate Compliance / HIPAA Officer, Risk Manager, is available to help you.

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Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.



**ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you.

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*The Mirror* is published quarterly for  
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Saint Mary's Home of Erie. Comments  
and suggestions for articles are  
welcome.

Contact Anthony J. Allegretto at  
814-451-1316  
or [aallegretto@stmaryshome.org](mailto:aallegretto@stmaryshome.org)

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## HOME CARE



### "Your HOME - Our CARE"

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