



Saint Mary's Home of Erie

The Mirror IN THE WILLOW

October 2018

A Publication of Saint Mary's Home of Erie

Saint Mary's at Asbury Ridge "American Drive In"



Summer Memories



Saint Mary's East "Sock Hop"



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A Continuing Care Retirement Community

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Independent Living Carriage Homes

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Personal Care

Skilled Nursing

Alzheimer's/Dementia Care

Adult Day Services

Home Care

Respite Care

Services

Short and Long-term Rehabilitative
Therapies

On-site Nursing Staff including RNs,
LPNs and NAs

Catholic and Ecumenical Religious
Services

Social Services Program/Pastoral Care

Support Services

Nutritional Services

Recreational Activities

Beauty and Barber Services



MISSION STATEMENT

Founded by the Sisters of St. Joseph and operated in the Catholic tradition, Saint Mary's Home of Erie is committed to an environment of loving to care where primarily seniors, their families, staff and volunteers participate in fostering an atmosphere of community.

VISION STATEMENT

Saint Mary's Home of Erie, through partnership, networking, and referrals will be a principal enabler to primarily seniors in the Erie Community aiding them in living their lives in a respectful, dignified and fulfilled manner.

Charitable Solicitation Disclosure Statement

Pursuant to state regulations regarding charitable solicitations, we are required to include certain disclosure language on Development materials.

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A Message from the President

We have heard nothing but rave reviews regarding our recent Follies! Thank you to each of our Sponsors and/or Attendees for, once again, making this such a successful event. Wasn't the entertainment by the Erie Playhouse superb? I saw a few tears streaming down several faces as Saint Mary's theme song, "This Place", with music by Michael Malthaner and lyrics by Charles Corritore closed the Program. The song epitomizes what we hope is your experience of Saint Mary's. As you are aware, the proceeds from Follies benefit the Saint Mary's Home of Erie James E. Mantyla Benevolent Care Fund.



Sister Phyllis McCracken, SSJ
President/CEO

Our Ageless Remarkable Erieites continue to humble us as we learn of their remarkable generosity of time and talent in the Erie community! Congratulations from the Saint Mary's family to Loretta, Janet and Ron! Their stories may differ but their Mission is the same and melds with the Saint Mary's Mission.

As you peruse this Fall issue of the MIRROR, our hope is that you can feel the energy of our Residents as they partake of the various venues. You just might find yourself amazed at the variety and saying to yourself, like Dr. Seuss, "Oh the Places You'll Go!" (Random House 1/22/1990)

We are grateful for the varied Erie community assets which are made available to our Residents. Kudos to our Activities Employees, at both campuses, for programming these!

There are many challenges facing long term care including: reimbursement changes/issues, new regulatory requirements, and trying to find Mission-minded individuals to join us in providing quality person-centered care and concern for each Resident. We have a great Team! Won't you join us?

If you have recently been a Resident, at either campus, you may have received a follow up call after discharge to see how things are going at home and trying to ascertain if we can be of any assistance in answering questions regarding and/or fostering your continued rehab. We want you to be successful!

There is a need for Advocacy on the part of all of us to insure that the needs of seniors are foremost in the minds of our Legislators. Seniors have been the backbone of our communities and deserve quality of life and affordable care.

After all, we're Saint Mary's and we're all about YOU!

Sister Phyllis McCracken

Phyllis McCracken, SSJ

Summer Memories

This Summer, Saint Mary's Residents took advantage of many Erie area local attractions. They also enjoyed a wide variety of on campus events that were planned by the East and Asbury Ridge Activities Departments. This included weekly lunch picnics that were held June through August. Residents truly enjoyed the Summer vibes at Saint Mary's.

The Mayor's Sounds of Summer Music Series made a stop at Saint Mary's East for one of their concerts. The Gem City Jazz Ensemble played for a large crowd that brought neighbors from the local community together with Saint Mary's Residents. Mayor Joe Schember was on hand to welcome everyone and kick off the evening at this enjoyable community event.

The Activity and Dietary Departments at Saint Mary's East planned a "Sock Hop" that was highlighted by an entertaining concert from the group, Happy Days. Residents and guests enjoyed this 1950s themed event in one of the beautiful courtyards at the East Campus. Employees and Volunteers dressed for the occasion and served ice cream sodas throughout the concert.



**Happy Days performing at the Sock Hop
Saint Mary's East**



Mayor's Sounds of Summer Music Series – Saint Mary's East

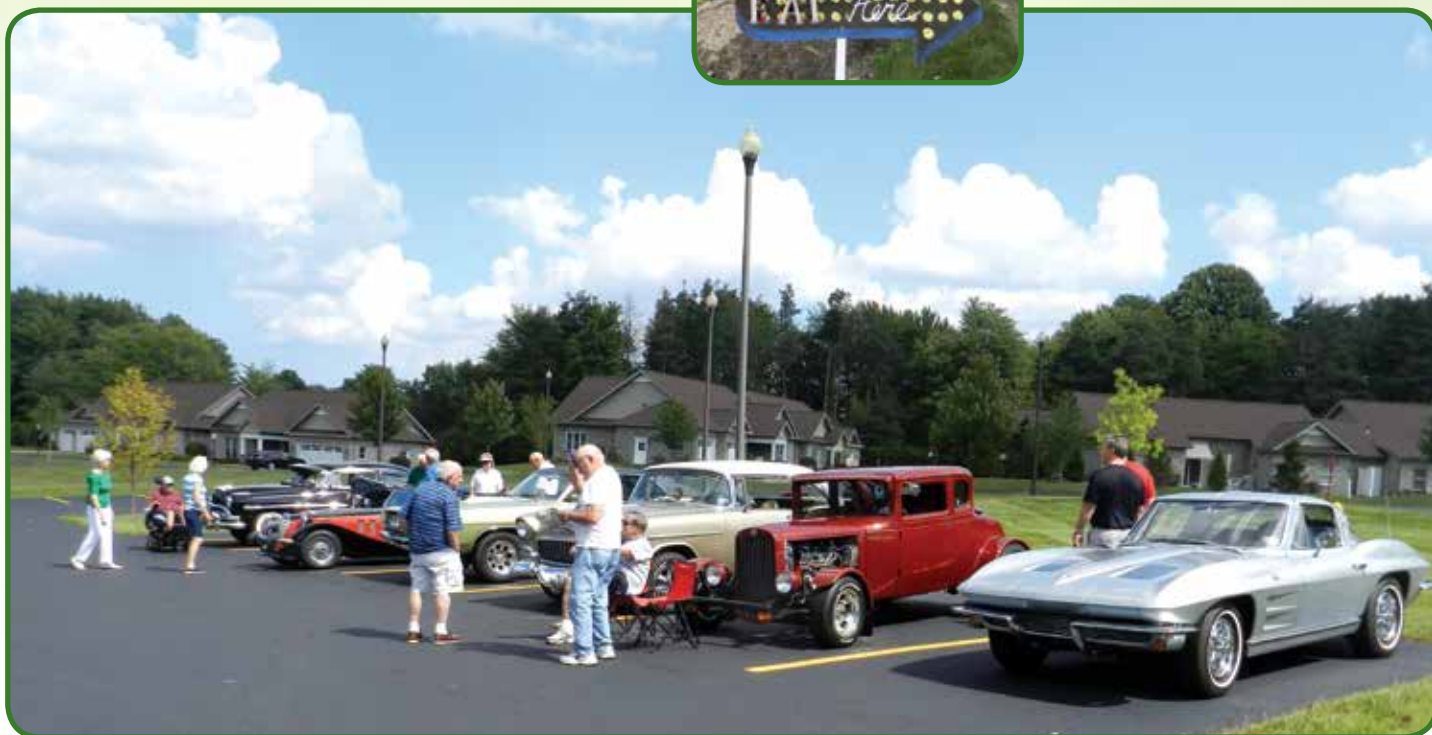


**An Evening of Entertainment and Food with an International Flair
Saint Mary's at Asbury Ridge**

Saint Mary's at Asbury Ridge Residents also enjoyed several events that were planned by the Activity and Dietary Departments. The first event was themed "An Evening of Entertainment and Food with an International Flair." This event featured great performances by Pat's Jazz Band and Long's School of Irish Dance as they presented entertainment from regions around the world. Residents and guests were also treated to a variety of food that represented many different cultures.



An "American Drive In" was also held at the Asbury Ridge Campus. This event featured a Classic Car Show along with music by the Jam Starrs. Ice cream sundaes and popcorn were offered to Residents and community members as they strolled around the cars and enjoyed live music.



American Drive In – Saint Mary's at Asbury Ridge

SAINT MARY'S FOLLIES

Hearts of Gold

On September 13, 2018 a crowd of 417 people gathered together in the Grand Ballroom of the Bayfront Convention Center to share a meal, to be inspired and to make a difference. A record breaking total of \$92,795 was raised from the Saint Mary's Follies with all proceeds designated for the James E. Mantyla Benevolent Care Fund at Saint Mary's Home of Erie. This happened through the generosity of 66 organizations and individuals who sponsored the event, along with all who purchased individual tickets, tables or made a donation.

Led by Follies Chairman, Tom Elliott, the 6th Annual Saint Mary's Follies featured a three-course sit-down dinner along with musical performances throughout the evening. Coordinated by Michael Malthaner and the Erie Playhouse, talented local performers captivated the audience and complemented this year's theme with a medley of iconic gold record songs. Performers included Rev. Shawn and Almitra Clerkin, Charles Corritore, Bob Martin, Michael and Jean Malthaner, Patrick Thiem and Linda Wingerter.



2018 Ageless Remarkable Erieites
Pictured, left to right, are Janet Krack, Ronald DiVecchio and Loretta Baran.



Pictured, left to right, are Charles Corritore, Linda Wingerter, Rev. Shawn Clerkin, Jean Malthaner, Bob Martin, Almitra Clerkin, Patrick Thiem and Michael Malthaner.

The highlight of the evening was an Awards Ceremony honoring the 2018 Ageless Remarkable Erieites. This year's Award Recipients were Loretta Baran, Ronald DiVecchio and Janet Krack. The Ageless Remarkable Erieite Award is given to seniors age 75 and older who have remained active in our community, sharing their gifts and talents in selfless service to others. Decades of accomplishments among the Honorees were showcased in tribute videos produced by Gibbens Creative, capturing each individual's zest for life and compassion for others. Their energy and stories left all who attended inspired to make a difference.

SAINT MARY'S FOLLIES

Hearts of Gold

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AROUND OUR HOME...



Centennial Celebrations and Congratulations!



Florence Kaminski celebrated her 100th Birthday on September 17th at Saint Mary's East. Happy Birthday, Florence!



Julia Dalton, pictured with her "100 Club" Saint Mary's blanket, celebrated her 100th Birthday on September 6th at Saint Mary's East. Happy Birthday, Julia!



House of Representatives Citation

Congratulations to Leah Elsesser who received a House of Representatives Citation on August 26th in honor of her 95th Birthday. Happy Birthday Leah!

A Day at the Art Museum

The Erie Art Museum recently received a grant enabling them to provide tours to seniors through their Education Program. Residents at both Saint Mary's East and Saint Mary's at Asbury Ridge participated in the afternoon activity where they had a chance to view the galleries, learn about the artists and even create some art to take home!



Saint Mary's at Asbury Ridge



Saint Mary's East





Hawaiian Party

Asbury Ridge Residents enjoyed a Hawaiian themed dinner followed by music from the Kokomo Time Band on a beautiful August day.

From left to right, Debra Greenwald, Activities Coordinator; Christine Opron, Volunteer; Laura Merryman, daughter of Fran Szymanowicz/ Volunteer; Fran Szymanowicz, Carriage Home Resident; Barbara Burton, Carriage Home Resident; Edrye Boraten, Volunteer; and Nancy Somerfield, Volunteer.



Captain John E. Lampe Marina

Saint Mary's East Residents visited the Captain John E. Lampe Marina. After a delicious picnic lunch, they lounged by the water, enjoyed the beautiful afternoon and one another's company.

From left to right, Helen Felice and Patty Cooney (Volunteer).

Soldiers & Sailors Summer Concert

Saint Mary's East Residents took advantage of the multitude of concerts open to the public around town this Summer.

An afternoon concert at Soldiers and Sailors Home, pictured below, was a favorite for many!



From left to right, Bob Lockard (Volunteer), Doris Feeney, and Mary Jane Lockard (Volunteer).



Caregivers Luncheon

The Annual Caregivers Luncheon was held in September by Adult Day Services at Saint Mary's East to show appreciation and support for their Clients and for those who serve as dedicated Caregivers to a Loved One. A performance by "Grumpy One and Grumpy Too" left everyone amused and thoroughly entertained.



Waldameer Park

The "thrill seekers" among our Asbury Ridge Residents spent an exciting day at Waldameer. Everyone enjoyed adventuring through the Park and had fun clowning around.



From left to right, Bob Lockard (Volunteer) with Daf Murray, Pat Kelly, Stella Carroll, Debbie Greenwald (Activities Coordinator), Therese Woods, Kate Fisher and Mary Kellogg.



From left to right, Pat Kelly, Mary Kellogg and Kate Fisher.



From left to right, Karen Walla (Nurse Aide), JoEllen Sitter, Alice Orr and Mary Lou Bozich.

Backyard Beach Day

Asbury Ridge Residents spent an afternoon relaxing in classic Summer fashion. A backyard beach was created so that everyone could kick back and enjoy some refreshments while sitting "poolside."



Why Our Continuing Care Community is Amazing

In the last issue of the Saint Mary's MIRROR, our readers heard from several Residents on why they decided to live at Saint Mary's. They highlighted many different angles of why it can truly be an amazing place to call home. I have seen what they are talking about when it comes to our care, community and services.



The Residents who call Saint Mary's Residential, Nursing or Alzheimer's areas their home have someone available 24 hours a day, 7 days a week to help them in times of need. This can take a lot of stress away from people who may otherwise be on their own or rely on their Loved Ones to care for them. While no system is perfect, having someone that is routinely monitoring your health can make things a little easier on the mind. The fact is that licensed care is something most of us may need in one form or another as we age.



Pictured, left to right, are Saint Mary's East Residents Helen Felice and Jean Horomanski enjoying a Banana Split Social on a beautiful day.

You also have the socialization aspect of Saint Mary's. Our two Communities are filled with activities each day. There are lounges, a library, a café, outings to local events and quaint areas all around that Residents and guests alike take advantage of on a daily basis. You cannot put a price on the benefits of keeping your mind active and engaged.

How beneficial it is to have a Dietician and Care Team that help make certain each Resident's diet is well balanced for their specific needs! Our Housekeeping and Laundry Departments make sure things are tidy and well kept. (Yes, we will do your laundry.) These few benefits alone can drastically make a positive difference for a person's well-being.

Finally, bringing everything full circle, are those who do not need our services, but have experienced the care and love we bring to everything we do. Many of these people become the loyal Donors, Volunteers and Supporters who help us fulfill our Mission each and every day. I would like to, personally, thank them as they understand "Loving to Care!" It is through that support system a record year was set with the Saint Mary's Follies and Erie Gives. The fruits of those events go right back into caring for our Residents. We truly have an amazing community all around!

Anthony Allegretto

Anthony Allegretto
Director of Marketing and Development



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Saint Mary's Home of Erie does not exclude people or treat them differently because of race, color, national origin, age, disability, handicap, sex, sexual orientation, religious creed, ancestry, familial status, veteran/military status or use of guide or support animals.

Saint Mary's Home of Erie:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Social Services Department by calling Saint Mary's East at 814-459-0621 or Saint Mary's at Asbury Ridge at 814-836-5300. If the Social Services Department is not available (after hours, weekends, holidays), the Nursing Supervisor on call will assist.

If you believe that Saint Mary's Home of Erie has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Corporate Compliance / HIPAA Officer, Risk Manager; by mail: 607 East 26th Street, Erie, PA 16504; by calling 814-459-0621; by faxing to 814-454-0909 or by e-mail at compliance@stmaryshome.org. You can file a grievance in person or by mail, fax or e-mail. If you need help filing a grievance, the Corporate Compliance / HIPAA Officer, Risk Manager, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

11/2016

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you.

Call Saint Mary's East at 1-814-459-0621 or Saint Mary's at Asbury Ridge at 1-814-836-5300.

Español (Spanish) - **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

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The Mirror is published quarterly for
the residents, families and friends of
Saint Mary's Home of Erie. Comments
and suggestions for articles are
welcome.

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Erie Gives Check Presentation at the Erie Zoo

Erie Gives Day 2018

Saint Mary's Home of Erie received a total of \$17,973.50 from 91 generous Donors and the prorated Erie Gives match on August 14th. Because of your support, Saint Mary's was recognized among the top 15 percent in donations out of the 381 nonprofit organizations who participated in the twelve hour day of giving. The money from Erie Gives will benefit our James E. Mantyla Benevolent Care Fund. Thank you to all of our Donors for your continued support!



Need a Speaker? If you need a speaker for your organization, we will be happy to assist you. We have professionals who can speak on any topic of interest related to seniors including:

- Rehabilitative Services
- Long Term Care
- Alzheimer's Disease and Dementia
- Respite Care
- Senior Living Options
- What a Continuing Care Retirement Community (CCRC) offers

To arrange a speaker for your group's program, please call Anthony Allegretto at 814-451-1316 or email aallegretto@stmaryshome.org.