



Saint Mary's Home of Erie

The Mirror

December 2018

A Publication of Saint Mary's Home of Erie

STOP – LOOK and LISTEN!

STOP – LOOK and LISTEN is a warning we know well
but how does that relate to Christmas, you may ask?

- STOP**
- the hustle and bustle of this holy season.
 - what you are doing!
 - pause and reflect on the sights and sounds of that first Christmas morn.

- LOOK**
- for the star that marks the place of Jesus birth.
 - for the light of the Christ Child among us now.
 - at the blinders and see with fresh eyes!
 - at the antithesis of the emerging sights around us:
 - ❖ violence and addictions
 - ❖ trafficking and abuse
 - ❖ struggling immigrants
 - ❖ joy-filled children
 - ❖ blessed families
 - ❖ health and happiness

- LISTEN**
- as we await the coming of the Light of the World!
 - for the sounds that surround the Savior's birth:
 - ❖ the knock of Joseph at the Inn – "no room".
 - ❖ the simple lowing of cattle and bleating of sheep.
 - ❖ the songs of Angels – announcing peace on earth.
 - as Jesus comes to us anew in the quiet of Christmas morn!



Phyllis McCracken, SSJ
President/CEO



MERRY CHRISTMAS - PEACE AND JOY IN THE NEW YEAR!

Phyllis McCracken, SSJ
Phyllis McCracken, SSJ

Christmas Mass Schedule:

East

Christmas Eve at 6:30 PM
Christmas Morning at 10:00 AM

Asbury Ridge

Christmas Eve at 6:00 PM
Christmas Morning at 10:00 AM

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A sponsored ministry of the Sisters of St. Joseph of Northwestern Pennsylvania



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A Continuing Care Retirement Community

Levels of Care

Independent Living Carriage Homes

Independent Residential Living/
Personal Care

Skilled Nursing

Alzheimer's/Dementia Care

Adult Day Services

Home Care

Respite Care

Services

Short and Long-term Rehabilitative
Therapies

On-site Nursing Staff including RNs,
LPNs and NAs

Catholic and Ecumenical Religious
Services

Social Services Program/Pastoral Care

Support Services

Nutritional Services

Recreational Activities

Beauty and Barber Services



MISSION STATEMENT

Founded by the Sisters of St. Joseph and operated in the Catholic tradition, Saint Mary's Home of Erie is committed to an environment of loving to care where primarily seniors, their families, staff and volunteers participate in fostering an atmosphere of community.

VISION STATEMENT

Saint Mary's Home of Erie, through partnership, networking, and referrals will be a principal enabler to primarily seniors in the Erie Community aiding them in living their lives in a respectful, dignified and fulfilled manner.

Charitable Solicitation Disclosure Statement

Pursuant to state regulations regarding charitable solicitations, we are required to include certain disclosure language on Development materials.

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Home For The Holidays



(Left to right) Nancy Sweeney and Brian KomisarSKI.

Nancy Sweeney was already familiar with Saint Mary's East when she chose to receive rehabilitation for a knee replacement here on October 27, 2018. Her late husband, Richard, received care from Saint Mary's Nursing and Rehabilitation Departments earlier this year. "We initially went to a different facility for the additional care that Richard needed when he was released from the hospital," explained Nancy. She continued, "I just was not content with the entire situation and honestly felt I could do better with him on my own. Then we found out he had the opportunity to receive care at Saint Mary's East. It was life changing not only for him, but our whole family."

Richard and Nancy have 3 children. They are a very close family and enjoy being lighthearted and fun with each other. Their family dynamic was part of the reason they fell in love with Saint Mary's East. "My family and I learned early on with the care my husband received that the Employees at Saint Mary's were like our family. They got to know us and felt like so much more than just caregivers," said Nancy. Richard eventually lost his battle to his illness, but the Sweeney family could not be happier with the care he received while at Saint Mary's.

Months later Nancy decided it was time to take care of her knee. She put surgery aside for a long time while she was caring for her husband. Nancy had a successful knee replacement surgery on October 24, 2018. Afterwards she met with a Hospital Case Worker who asked her for her top 3 choices to receive rehabilitation when she was discharged.

"Saint Mary's was my 1st, 2nd and 3rd choice," Nancy exclaimed! She continued, "I literally cried when I found out I was able to receive my follow up care at Saint Mary's."

Nancy worked with primarily three Therapists while she completed her rehabilitation. "I developed a special relationship with Brian, Philip and Darlene. In addition to exceptional care, they kept my spirits high. They reminded me of my own children with how they would encourage and interact with me. That really made a big difference in how I progressed," she noted.

Nancy received therapy 7 days a week until she was released to go home on November 20, 2018. The timing could not have worked out better because it was just two days before Thanksgiving. This was her first Thanksgiving in 61 years without her husband by her side, but she feels blessed that she was able to be at home in time to be with her amazing family. Nancy explains, "I feel fortunate that I was able to receive care from the Saint Mary's family, and now I am happy that I get to go home and enjoy the holidays with my family."



Pictured standing is Physical Therapist Brian KomisarSKI with Nancy Sweeney.

"I got to know Nancy as a caregiver for her husband before I got to work with her own rehabilitation. We loved to joke around and developed a strong level of trust between each other. She is a real 'go-getter' and worked hard with me to achieve her goals. Her positive attitude really made a difference in her recovery." – Brian KomisarSKI





Tai Chi



Often called “meditation in motion,” Tai Chi is a form of Chinese Martial Arts which has developed over the centuries. Unlike some high impact workouts, this mind-body practice is suitable and adaptable for people of all ages and conditions. Tai Chi is valued for the mental and physical benefits it provides. Consistent practice is thought to improve one’s mood, increase confidence in the ability of one’s body and promote a sense of relaxation. Tai Chi is also helpful in improving flexibility, balance and muscle strength – abilities that generally decline with age.

Debbie Greenwald, Residential Living Activities Coordinator at Saint Mary’s at Asbury Ridge, decided to become a certified Tai Chi instructor so that our Residents could reap the benefits. “Taking courses to become certified educated me in the correct ways to teach others to improve and impact their well-being through Tai Chi. I had to pass both a written and practical exam, but now I’ll be certified for two years,” Debbie explained. She continued, “It’s something new that enhances the Activities we offer. I think Tai Chi will help the Residents learn proper breathing techniques,



(Back row, left to right) Betty Moran, Dave Dahlkemper, Richard Liebel, Fran Szymanowicz and Therese Woods.

(Front row, left to right) Olga Patrizia, Barbara Burton and Marion Carver.

(Front right) Debbie Greenwald.

“Tai Chi is an alternative form of exercise that can benefit everyone. The movements can be modified for those who need to remain seated. Even the focus on deep breathing and visualization is good for those Residents who may be unable to move in a specific form,”

improve circulation and balance, better manage stress and generally promote healing.”

Tai Chi consists of a series of slow and gentle motions done without pause. As the movements are performed, focus is directed toward breath and the body. The new class at Asbury Ridge focuses on Tai Chi for Rehabilitation, which starts with moves to warm-up the body and progresses to forms that emphasize muscle strength and balance. Tai Chi can be beneficial for older adults because it does not put excess stress on muscles and joints but still promotes a healthy fitness routine. “Tai Chi is an alternative form of exercise that can benefit everyone. The movements can be modified for those who need to remain seated. Even the focus on deep breathing and visualization is good for those Residents who may be unable to move in a specific form,” said Debbie.

Barbara Burton, a Carriage Home Resident, had experience with Tai Chi before but finds it much better this time around. “I took a Tai Chi class down in Florida a few years ago. It was terrible. Everyone was much more advanced than me and moved through the motions without explanation. I think I left halfway through because I was uncomfortable,” she said. “I’m thrilled this class is now a part of our Activity options and that we can all start learning together as beginners. Debbie takes us through the moves slowly and with ease. She makes sure that we understand how to do it properly, how we can adapt the moves to the needs of our own body and provides us with instructions for how we can practice outside of the ‘classroom.’ I find the practice to be anxiety reducing and relaxing. It also helps with both my mental and physical coordination.”

Dave Dahlkemper, Asbury Ridge Resident, finds Tai Chi to be beneficial not only for his health, but also for his relationship with his daughter. “My daughter lives in Texas so I don’t see her that often. She also takes Tai Chi courses but is more advanced. She talks with such enthusiasm about the practice that I thought I would try it out when I heard it was offered here,” he said. “It’s not as easy as it looks. It takes work, but at the same time I feel relaxed both during the class and afterwards. I’m surprised at how much control I have over my own body,” Dave continued. “My daughter will be visiting soon and I am excited to practice together. Tai Chi will allow us to relate on something new and different.”

Asbury Ridge Residents Betty Moran and Olga Patrizia also noted how incorporating Tai Chi into their lifestyle has helped them. For Betty, it’s the ease of the practice she appreciates. “I never knew anything about it before, but I enjoy it very much now. It’s something you can do sitting or standing, in a group or on your own. I truly feel my balance has already improved,” she said. At 101 years of age, Olga finds value in the practice as well. Tai Chi is something she has never tried and it helps her stay mobile.

“Seeing Residents willing to learn something new and work through the forms of Tai Chi is gratifying for me,” reflected Debbie. “I became certified for their benefit, not mine. They improve physically and mentally. They leave with a feeling of self-accomplishment that stays with them throughout the day. I’m happy to help provide that for them.”

Saint Mary's Home Initiatives

Saint Mary's Home of Erie appoints new Chief Financial Officer

Saint Mary's Home of Erie announces the retirement of **Robert H. Cox, BS, CPA** as the Consultant Chief Financial Officer. He has served at Saint Mary's Home of Erie for more than 16 years and is also a former Board Member. Robert will continue to serve throughout 2018. **Stacy J. Kemmler, BS, CPA** has been appointed as the Chief Financial Officer at Saint Mary's Home of Erie effective December 1, 2018. Stacy attended Clarion University of Pennsylvania, Clarion, PA and received a Bachelor of Science in Business Administration with a Major in Accounting. Stacy is a member of the PA Institute of Certified Public Accountants (PICPA). She has served as the Controller at Saint Mary's Home of Erie since July 2017. Additional experience includes: Controller at Beacon Light Behavioral Health Systems, Bradford, PA; Controller at Deerfield Behavioral Health, Erie, PA; Accountant, Budget Coordinator and Controller at Short-Term Assignments, Erie, PA; Accountant at Hill Barth & King LLC, Erie, PA; Accountant at Vantage Healthcare Network, Meadville, PA; and Accountant at Carbis Walker and Associates LLC, Meadville, PA.



Stacy J. Kemmler

You asked, we listened: 12 hour shifts!

Saint Mary's East has initiated 12 hour shift scheduling for 6 Nurses and 4 Certified Nursing Assistants (CNA) with plans to expand the program in the future. With the nationwide shortage of Nurses and CNAs, we are trying new ideas to meet the needs of our Residents. This change has been a frequent request of current and potential Employees. We are happy that we are able to initiate this change as we continue to follow the Commission on Accreditation of Rehabilitation Facilities (CARF) recommendations to listen and attempt change suggestions from our Employees. Although we are still in the very infant stages of 12 hour shifts, we are already seeing the benefits for the Residents and Employees. So far the Employees who are piloting the 12 hour schedules are happy with the change and excited to have this opportunity.



*-- By: Dona Mason,
Director of Nursing*



Saint Mary's Home of Erie contracts with Intalere as our Group Purchasing Organization (GPO). They not only help with Saint Mary's procurement of goods and services, but they also offer consulting services to help improve operations. The Board and Administration at Saint Mary's firmly believe in improving efficiencies throughout the organization in order to keep costs for the Residents and the Organization at their optimal level.

Most recently, Saint Mary's utilized Intalere to evaluate its Support Services which includes the Maintenance, Housekeeping and Laundry Departments. They looked at labor and non-labor costs, as well as supplies, utilities and vendor contracts. The recommendations that came from their assessments are being used to improve the efficiencies in those areas. Similar efforts are now underway with the Dietary Departments and will continue through the 3rd quarter of 2019.



Infection Prevention and Antibiotic Stewardship

Infection Prevention and Control Programs help reduce, prevent and stop the spread of infectious diseases. Although the Centers for Medicare and Medicaid Services will not require Long-Term Care Facilities to have a program like this in place until November of 2019, Saint Mary's Home of Erie is proactively working on establishing new programs to better serve our current and future Residents.

Both campuses are currently in the process of implementing an Infection Prevention and Control Program. Each campus will additionally have a designated Infection Preventionist, certified through the Association for Professionals in Infection Control and Epidemiology (APIC). Bonnie Eastman, Nursing Supervisor at Saint Mary's at Asbury Ridge, recently passed the exam to become an Infection Preventionist. Grace Priest, Registered Nurse at Saint Mary's East, will complete specialized training and education early next year. As Infection Preventionists, Bonnie and Grace will have knowledge of how to recognize patterns of infection through observation and data collection. They will further be equipped with how best to create procedures to improve compliance, help stop the spread of disease and reduce Health-Associated Infections (HAI). Already an Infection Preventionist, Allen Bonace, MSN/MBA, RN, Vice President for Special Projects, will serve as a resource to the designated individuals.

Infection Prevention and Control also goes hand-in-hand with Antibiotic Stewardship, another program that began last year. Antibiotic Stewardship focuses on the most judicious use of antibiotics in the treatment of infections. This approach reduces unnecessary use and will help keep antibiotics effective in the future. Ultimately, these programs will continue to improve outcomes, quality of life and care for our Residents.



AROUND OUR HOME...

Holiday Spirit!

The halls of Saint Mary's East and Saint Mary's at Asbury Ridge are filled with the spirit of Christmas thanks to Residents and Volunteers who offered a hand and helped decorate our Christmas Trees.

Saint Mary's at Asbury Ridge



(Left of tree, front to back) Therese Woods and Betty Moran.

(Right of tree, front to back) Mary Kellogg, Mary Delores Weir, Columbia Vlahos and Dave Dahlkemper.

Saint Mary's East



(Back, left to right) Patty Cooney and Marianne Nicholl.
(Front) Annie Heisler.



(Front to back) Phyllis Pierce, Margaret Gotto, Fran Szymanowicz, Pat Kelly, Betty Moran, Stella Carroll and Nancy Somerfield.

A Festive Outing

Asbury Ridge Residents spent a wonderful morning at the 34th Annual Saint Vincent Festival of Trees, held at the Bayfront Convention Center. The beautifully decorated trees, displays and entertainment left everyone filled with the magic of the holidays.

Admiring an Artist Among Us

A collection of art created by Judy Welch, a Volunteer at Saint Mary's East, was recently featured in the Galerie of Erie Insurance. East Residents visited the show and spent an afternoon learning more about Judy's talents while enjoying her creations!



(Standing, left to right) Judy Welch, Maxine Fromknecht, Margie Lefaiver, Diane Lutz and Peggy Rekitt.
(Seated, left to right) Joan Welch, Dolores Detzel, Pat Quirk, Bonnie Strattan and Joan Rosenthal.



Adult Day Services Visits Penn State Behrend

Clients from Adult Day Services went on an outing to Penn State Behrend where they were treated to a free concert as part of the "Music at Noon: The Logan Series." While they ate lunch, they listened to classical music performed by the Brown-Urioste-Canellakis Trio.



(Left of bus, left to right, moving front to back) Audrey Wilson, Mary Olon, Michele Allen, Carol Mills, William Lambright, Chris Maras, John Raclawski, John Maleski, Rosheemah Lester and Howard Groves. (Right of bus, front to back) Reid Walker, Ernest Bouchard and Bernice Jezierski.



(Standing, left to right) Shavon Thurston, Christopher Mahoney, Bonnie Strattan, Delvonna Manus, Phyllis McCracken, SSJ and Emma Toner.

(Seated, left to right) Richard Hofmann, Richard Liebel, Margaret Krivonak, Barbara Fontecchio and Richard Belcher.

Spreading Christmas Cheer!

A few of Saint Mary's Residents and Employees for both campuses gathered to film a special Christmas and holiday greeting for the Erie Community. The commercial airs on local stations throughout December.



Medaille D'Or Award

Robert Cox, Leo Brugger, Mary Herrmann, SSJ and Kathleen Macrino were honored with the Saint Mary's Home of Erie Medaille D'Or Award at the 2018 Saint Mary's Home of Erie Board and Friends Christmas Dinner. This prestigious award is given to individuals who at the discretion of the President/CEO and/or Board of Saint Mary's Home of Erie:

- Live out the Mission of the Sisters of St. Joseph of "unity of neighbor with neighbor and neighbor with God."
- Exemplify the Mission of Saint Mary's Home of Erie of "Loving to Care."
- Have worked and/or volunteered in the senior services field and/or provided meritorious services to Saint Mary's.



Robert Cox, Saint Mary's
Consultant CFO and
former Board Member.



(Left to right) Leo Brugger,
Community Member and Former
Board Member with Phyllis
McCracken, SSJ - President/CEO.



(Left to right) Mary
Herrmann, SSJ, President of
the Sisters of Saint Joseph and
Saint Mary's Board Member
with Phyllis McCracken, SSJ -
President/CEO.



(Left to right) Phyllis McCracken, SSJ -
President/CEO with Kathleen Macrino,
Saint Mary's at Asbury Ridge Nursing
Assistant III.



The Wise Still Follow His Star

As I have been listening to Christmas music on the radio for the past two weeks, I have heard this sentiment repeated numerous times: Wise ones followed His star. Since then I have reflected on those words at different times.

I am very aware of the darkness that is enveloping our world. The violence, distrust, fear, rejection and despair are overwhelming at times. We all need the light of Christ to show us the way to live in love, acceptance, trust, peace and hope. I am reminded of another song that I heard and sang years ago. What now stands out to me are the words, "God set the stars to give light to the world. The star of my life is Jesus." ("I Want to Walk as a Child of the Light" by Kathleen Thomerson)



During this Advent and Christmas season, we are invited to more fully share Christ's light with others – family, friends and strangers – with a kind thought, a loving word, a helping hand and a listening heart. Only then will the wise in our time follow His star.

By: Nancy Prenatt, SSJ



Merry Christmas and Happy New Year!

I want to give a warm and heart-felt thank you to all of our Residents, Family Members and Donors for choosing to make Saint Mary's Home of Erie part of their lives. You play a vital part in fulfilling our Mission of "**Loving to Care**" and serving seniors whether you choose us to receive services, entrust a loved one in our care, and/or donate your time or resources.

With 2018 coming to a close, please consider making a pledge or donation this Christmas Season as we continue to need your support! Below please find another unique option for donating or visit us at <http://stmaryshome.org/charitable-giving/> for additional opportunities.

God Bless and Merry Christmas,

Anthony J. Allegretto

Anthony J. Allegretto
Director of Marketing and Development

IRA Qualified Charitable Distribution

Donors to Saint Mary's Home of Erie who are 70 ½ or older may now make a gift directly from their IRA to Saint Mary's while counting it towards their required minimum distribution. Donors may transfer up to \$100,000.00 to qualified charitable organizations each year using funds from their IRA without it being treated as a taxable distribution. In order to make an IRA Qualified Charitable Distribution, a donor must adhere to the following rules:

- o The donor must be 70 ½ or older.
- o The gift must be made directly from a traditional IRA to a qualifying charitable organization, such as Saint Mary's Home of Erie.
- o Gifts to all charitable organizations combined cannot exceed \$100,000.00 per donor per year.
- o The gift is not included in a donor's taxable income.
- o No charitable deduction is permitted for the gift.
- o The gifts must be outright and no material benefits can be received in return for the gifts.
- o The gift may only be made from a donor's IRA. Gifts from 401(k) plans, 403(b) plans or other plans do not qualify.

If you wish to make a Qualified Charitable Distribution from your IRA to Saint Mary's Home of Erie, you should contact the administrator of your retirement account and instruct that funds be transferred directly to Saint Mary's Home of Erie. You may be required to provide the address of Saint Mary's Home of Erie or the Tax ID Number. Please contact Anthony J. Allegretto, Director of Marketing and Development for Saint Mary's at 814.451.1316 or aallegretto@stmaryshome.org should you require this information and to notify Saint Mary's that you have made a qualified charitable distribution in order to ensure that your gift is designated correctly.

Submitted by: Colleen R. Stumpf • Quinn Law Firm



Saint Mary's Home of Erie complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, handicap, sex, sexual orientation, religious creed, ancestry, familial status, veteran/military status or use of guide or support animals.

Saint Mary's Home of Erie does not exclude people or treat them differently because of race, color, national origin, age, disability, handicap, sex, sexual orientation, religious creed, ancestry, familial status, veteran/military status or use of guide or support animals.

Saint Mary's Home of Erie:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact the Social Services Department by calling Saint Mary's East at 814-459-0621 or Saint Mary's at Asbury Ridge at 814-836-5300. If the Social Services Department is not available (after hours, weekends, holidays), the Nursing Supervisor on call will assist.

If you believe that Saint Mary's Home of Erie has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Corporate Compliance / HIPAA Officer, Risk Manager; by mail: 607 East 26th Street, Erie, PA 16504; by calling 814-459-0621; by faxing to 814-454-0909 or by e-mail at compliance@stmaryshome.org. You can file a grievance in person or by mail, fax or e-mail. If you need help filing a grievance, the Corporate Compliance / HIPAA Officer, Risk Manager, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

11/2016

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you.

Call Saint Mary's East at 1-814-459-0621 or Saint Mary's at Asbury Ridge at 1-814-836-5300.

Español (Spanish) - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

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Tiếng Việt (Vietnamese) - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

Русский (Russian) - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

Deutsch (Pennsylvania Dutch) - Wann du Deutsch (Pennsylvania German / Dutch) schwetzscht, kannst du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

한국어 (Korean) - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300번으로 전화해 주십시오.

Italiano (Italian) - ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

العربية (Arabic) - ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

Français (French) - ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

Deutsch (German) - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

ગુજરાતી (Gujarati) - સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

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Kreyòl Ayisyen (French Creole) - ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

ខ្មែរ (Mon-Khmer, Cambodian) - ច្បាប់: បើអ្នកនិយាយភាសាខ្មែរ, មានសេវាជំនួយភាសា ដោយឥតគិតថ្លៃ ដែលអាចទទួលបានដោយឥតគិតថ្លៃ។ ទូរស័ព្ទ Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.

Português (Portuguese) - ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para Saint Mary's East 1-814-459-0621 or Saint Mary's at Asbury Ridge 1-814-836-5300.



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